

RLSS UK National Life Saving Championships 2010 Regional Championship

No.	Region	Junior Girls	Junior Boys	Senior Girls	Senior Boys	Ladies	Mens	Total	
								Pts	Pos
1	East	12	10	16	16	16	12	82	13th
2	East Midlands	3	8	1	12	12	7	43	3rd
3	Ireland	8	6	11	10	8	5	48	4th
4	North East	1	5	12	3	1	3	25	1st
5	North West	13	3	10	13	9	9	57	10th
6	Scotland	10	12	5	11	10	1	49	5th
7	South	4	11	7	9	14	10	55	9th
8	South East	5	1	13	1	5	8	33	2nd
9	South West	6	15	8	2	7	16	54	8th
10	Wales	9	2	6	6	15	15	53	=6th
11	West	16	7	14	14	13	2	66	11th
12	West Midlands	11	16	15	15	3	14	74	12th
13	Yorkshire	14	4	9	4	11	11	53	=6th

**RLSS UK National Life Saving Championships 2010
Masters Regional Championship**

No.	Region	30-39		40-49		50-59		60+		Total	
		Ladies	Men	Ladies	Men	Ladies	Men	Ladies	Men	Pts	Pos
1	East	16	5	16	16	16	16	1	13	99	9th
2	East Midlands	16	16	16	8	7	16	3	12	94	=6th
3	Ireland	16	1	2	4	16	16	16	16	87	4th
4	North East	16	16	1	6	16	16	16	16	103	11th
5	North West	16	6	16	7	16	16	2	16	95	8th
6	Scotland	16	16	16	16	16	16	16	16	128	13th
7	South	16	16	6	3	6	16	5	16	84	3rd
8	South East	1	16	5	2	1	1	6	13	45	1st
9	South West	16	16	3	1	2	16	4	16	74	2nd
10	Wales	16	16	16	5	16	3	16	16	104	12th
11	West	2	16	7	9	16	16	16	12	94	=6th
12	West Midlands	16	3	16	16	3	4	16	16	90	5th
13	Yorkshire	16	4	16	16	16	2	16	16	102	10th

RLSS UK National Life Saving Championships 2010

Junior Girls

Championship

No.	Status	Region	Ref	Competitors	Aquatic Init.		Life Sup. Init.		Line Throw			Swim & Tow			Total	
		Club			Mks	Pos	Mks	Pos	Time	Total	Pos	Time	Total	Pos	Pts	Pos
1	OK	East	45	Olivia De'Ath	76	11th	53.5	7th	0:15.59	0:50.21	9th	0:48.56	1:47.59	11th	49	12th
		Ipswich LSC	46	Caroline Rust								0:59.03				
2	OK	East Midlands	51	Olivia Strachan	111.5	3rd	50	12th	0:15.75	0:32.97	5th	0:43.84	1:33.57	4th	27	3rd
		Ripley Rascals	52	Vicky Threlfall					0:49.73							
3	OK	Ireland	59	Helen Bogue	81	10th	44.5	14th	0:13.67	0:30.53	4th	0:51.31	1:41.38	6th	44	8th
		Belfast Olympia	60	Ellen McGibbon					0:50.07							
4	OK	North East	57	Samantha Carpenter	123.5	2nd	57.5	4th	0:16.06	0:28.54	1st	0:47.78	1:29.75	1st	10	1st
		Blyth LG & SC	58	Charley Gourley					0:41.97							
5	OK	North West	41	Catrin Evans	73.5	13th	63	2nd	0:49.89	1:09.59	11th	0:47.56	1:47.49	10th	49	13th
		Anglesey LSC	42	Mair Williams					0:59.93							
6	OK	Scotland	37	Ellen Parkinson	106.5	5th	49.5	13th	OOT	2:45.61	14th	0:46.59	1:43.90	8th	45	10th
		East Kilbride LSC	38	Lauren Wright					0:57.31							
7	OK	South	39	Marie Rose Abi-Aoun	131	1st	50.5	11th	0:28.53	0:55.58	10th	0:49.30	1:41.42	7th	30	4th
		Wantage Lidesavers	40	Rebecca Silver					0:52.12							
8	OK	South East	35	Brooke Amos	89	8th	39	15th	0:15.16	0:30.41	3rd	0:50.15	1:41.08	5th	39	5th
		Folkestone SC	36	Laurel Bryce					0:50.93							
9	OK	South West	53	Rebecca Falconer	98.5	6th	51	=9th	0:26.70	0:42.34	7th	0:55.15	1:58.46	13th	41	6th
		Torbay & District	54	Kristy Gibling					1:03.31							
10	OK	Wales	49	Bethan Stroud	107.5	4th	53.5	7th	0:49.63	2:49.63	15th	0:55.70	2:02.95	15th	45	9th
		Centurion LGC	50	Kaite Jones					INV			1:07.25				
11	OK	West	47	Emily King	45	16th	34.5	16th	OOT	2:51.56	16th	0:57.84	2:10.03	16th	80	16th
		Wells LSC	48	Poppy Fryer					1:12.19							
12	OK	West Midlands	55	Hannah Plant	88	9th	54.5	6th	OOT	2:39.04	13th	0:50.78	1:47.81	12th	49	11th
		North Worcester LGC	56	Jordan Myatt					0:39.04			0:57.03				
13	OK	Yorkshire	43	Isobel Rycroft	70.5	15th	55	5th	0:59.13	1:30.61	12th	0:44.53	1:32.18	3rd	50	14th
		Leeds LS Scott Hall	44	Felicity Emmott					0:31.48			0:47.65				
14	OK	East Midlands B	33	Susannah Allsop	91	7th	69	1st	0:31.38	0:46.07	8th	0:45.25	1:31.56	2nd	25	2nd
		Ripley Rascals	34	Jessica Lockwood					0:14.69			0:46.31				
15	OK	Ireland B	61	Rebecca Thompson	74	12th	61	3rd	0:15.29	0:42.25	6th	0:49.36	1:45.43	9th	42	7th
		St. John Berchmans	62	Michelle Butler					0:26.96			0:56.07				
16	OK	South B	63	Sarah Ewels	73	14th	51	=9th	0:14.78	0:29.78	2nd	0:55.39	2:01.60	14th	53	15th
		Bournemouth LGC	64	Jessica Drake					0:15.00			1:06.21				

RLSS UK National Life Saving Championships 2010

Junior Boys

Championship

No.	Status	Region	Ref	Competitors	Aquatic Init.		Life Sup. Init.		Line Throw			Swim & Tow			Total	
		Club			Mks	Pos	Mks	Pos	Time	Total	Pos	Time	Total	Pos	Pts	Pos
1	OK	East	15	Tom Linford-Wood	98	9th	48	6th	0:12.94	0:46.47	7th	0:49.91	1:54.87	14th	45	10th
		Ipswich LSC	16	Sam Pugh								1:04.96				
2	OK	East Midlands	23	Anthony Mason	105.5	6th	37	11th	0:40.04	0:59.08	12th	0:42.72	1:35.09	4th	39	8th
		Ripley	24	Alan Palmer					0:52.37							
3	OK	Ireland	29	Connor Moran	101	8th	39	10th	0:27.04	0:54.63	9th	0:49.29	1:33.18	3rd	38	6th
		St. John Berchmans	30	Graham Clarke					0:43.89							
4	OK	North East	25	Andrew Riley	109	4th	36.5	12th	0:15.51	0:32.72	4th	0:41.87	1:37.62	8th	32	5th
		Blyth LG & SC	26	Daniel Murray					0:55.75							
5	OK	North West	11	David Ward	112	=1st	46	8th	0:13.89	0:55.75	10th	0:41.15	1:36.40	6th	26	3rd
		Bolton Tornadoes	12	Dominic Hayes					0:55.25							
6	OK	Scotland	3	Ian MacKenzie	90.5	=13th	53	4th	0:21.75	0:55.81	11th	0:48.66	1:41.32	10th	51	12th
		East Kilbride LSC	4	Nicholas Troy					0:52.66							
7	OK	South	7	Elliot Traves	93	10th	65.5	1st	0:35.43	1:32.45	14th	0:53.33	1:43.31	11th	46	11th
		Bournemouth LGC	8	Joshua Gale					0:49.98							
8	OK	South East	9	Adam Thomas	105	7th	58.5	2nd	0:12.75	0:27.39	1st	0:41.07	1:31.89	2nd	19	1st
		City of Rochester S & LGC	10	Billy Attaway					0:50.82							
9	OK	South West	1	Ben Sheppard	78	15th	27.5	15th	0:15.75	0:29.50	2nd	0:49.54	1:44.16	12th	59	15th
		Torbay & Distict LSC	2	Sam Falconer					0:54.62							
10	OK	Wales	13	Lestyn Hughes	110.5	3rd	55.5	3rd	0:13.54	0:42.72	6th	0:52.16	1:37.13	7th	22	2nd
		Llanelli LSC	14	Oliver Thomas					0:44.97							
11	OK	West	31	Eli Rowson	112	=1st	44.5	9th	0:28.50	1:21.65	13th	INV	2:05.33	15th	39	7th
		Wells LSC	32	William Rhodes					0:50.37							
12	SCR	West Midlands	27	Alex Yeomans												
		North Worcester LGC	28	Daniel Hill												
13	OK	Yorkshire	21	Daniel Dudley	107	5th	33	14th	0:22.13	0:37.93	5th	0:46.12	1:29.30	1st	30	4th
		Leeds LS Scott Hall	22	Toby Ellison-Scott					0:43.18							
14	OK	Ireland B	17	Naoise O'Nuallain	92.5	11th	52.5	5th	0:16.62	0:31.37	3rd	0:55.18	1:39.28	9th	39	9th
		St. John Berchmans	18	Aaron Grehan					0:44.10							
15	OK	North East B	5	Jack Gourley	90.5	=13th	35.5	13th	0:16.57	0:53.70	8th	0:49.31	1:35.89	5th	52	13th
		Blyth LG & SC	6	Daniel Weightman					0:37.13							
16	OK	Wales B	19	Matthew Davies	91	12th	47.5	7th	0:21.38	2:21.38	15th	0:53.75	1:47.18	13th	59	14th
		Centurion LGC	20	Jacob Phillips					INV							

RLSS UK National Life Saving Championships 2010

Senior Girls

Championship

No.	Status	Region	Ref	Competitors	Aquatic Init.		Life Sup. Init.		Line Throw			Swim & Tow			Total	
		Club			Mks	Pos	Mks	Pos	Time	Total	Pos	Time	Total	Pos	Pts	Pos
1	OK	East	117	Megan Pugh	79.5	=14th	36	15th	0:46.34	2:46.34	14th	2:09.01	4:30.21	16th	73	16th
		Ipswich LSC	118	Nicola Darroch					OOT			INV				
2	OK	East Midlands	113	Jessica Cross	111	3rd	74	3rd	0:27.07	0:42.57	5th	1:36.31	3:19.03	2nd	16	1st
		Ripley	114	Jennie Lockwood					0:15.50			1:42.72				
3	OK	Ireland	105	Aisling Kelly	104	5th	58.5	8th	OOT	4:00.00	=15th	1:56.02	3:50.28	12th	45	11th
		St. John Berchmans	106	Jessica Mulfaul					OOT			1:54.26				
4	OK	North East	127	Rebecca Gledson	79.5	=14th	61	6th	OOT	2:36.74	13th	1:42.59	3:20.45	3rd	50	12th
		Blyth LG & SC	128	Laura Ellis					0:36.74			1:37.86				
5	OK	North West	115	Catrin Williams	108.5	4th	53.5	9th	OOT	4:00.00	=15th	1:48.87	3:42.21	10th	42	10th
		Anglesey LSC	116	Sioned Hughes					OOT			1:53.34				
6	OK	Scotland	123	Iona Halford	88.5	10th	71.5	4th	0:17.29	0:33.57	1st	1:51.89	3:31.75	8th	33	5th
		East Kilbride LSC	124	Megan Lindsay					0:16.28			1:39.86				
7	OK	South	109	Amy Burton	129	1st	46.5	=12th	0:48.28	1:15.65	11th	1:51.80	4:13.00	14th	39	7th
		Bournemouth LGC	110	Francesca Dean					0:27.37			INV				
8	OK	South East	119	Devon Amos	69.5	16th	59.5	7th	0:31.56	0:44.94	6th	1:41.64	3:25.15	5th	50	13th
		Folkstone SC	120	Ashlea Fry					0:13.38			1:43.51				
9	OK	South West	125	Laura Glover	84	=11th	78	1st	0:26.81	0:56.65	7th	1:55.59	3:50.20	11th	41	8th
		Bovey Tracey	126	Holly Willing					0:29.84			1:54.61				
10	OK	Wales	107	Eden Yeandle	97.5	8th	49.5	10th	0:32.00	1:14.43	10th	1:45.23	3:16.12	1st	37	6th
		Mumbles LGC	108	Sarah Falconer					0:42.43			1:30.89				
11	OK	West	101	Imogen Jameson	96	9th	43.5	14th	0:31.94	2:31.94	12th	2:11.20	4:04.84	13th	57	14th
		Wells LSC	102	Rhiannon Rhodes					OOT			1:53.64				
12	OK	West Midlands	99	Lauren Yeomans	81.5	13th	30	16th	0:20.59	1:02.18	8th	INV	4:21.20	15th	65	15th
		North Worcester LGC	100	Emily Corden					0:41.59			2:00.00				
13	OK	Yorkshire	121	Emma Large	84	=11th	48	11th	0:17.72	0:34.95	2nd	1:46.29	3:25.16	6th	41	9th
		Rawmarsh LSC	122	Lauren Davis					0:17.23			1:38.87				
14	OK	East Midlands B	97	Tania Pearson	98.5	7th	46.5	=12th	0:18.38	0:36.91	3rd	1:35.75	3:21.94	4th	33	4th
		Colwick Park LGC	98	Jessie Nurse					0:18.53			1:46.19				
15	OK	North East B	103	Kristy Falcus	126.5	2nd	77.5	2nd	0:17.28	1:07.00	9th	1:57.17	3:33.48	9th	24	2nd
		Blyth LG & SC	104	Lauren Carroll					0:49.72			1:36.31				
16	OK	South East B	111	Deborah Stimson	101.5	6th	67	5th	0:14.40	0:38.12	4th	1:49.75	3:30.90	7th	28	3rd
		City of Rochester S & LGC	112	Shannon Bissenden					0:23.72			1:41.15				

RLSS UK National Life Saving Championships 2010

Senior Boys

Championship

No.	Status	Region	Ref	Competitors	Aquatic Init.		Life Sup. Init.		Line Throw			Swim & Tow			Total	
		Club			Mks	Pos	Mks	Pos	Time	Total	Pos	Time	Total	Pos	Pts	Pos
1	OK	East	67	Liam De Havilland	78	7th	48	15th	1:30.47	16th	0:39.22	4:07.68	16th	61	16th	
		Ipswich LSC	68	Samuel Whitmore							0:51.25					1:58.84
2	OK	East Midlands	81	Tim Pickering	57.5	14th	51	12th	0:38.57	6th	0:12.35	3:16.09	5th	51	12th	
		Colwick Park LGC	82	Christopher Ruddock							0:26.22					1:40.90
3	OK	Ireland	93	Ruairi Barr	76.5	8th	40.5	16th	1:05.09	15th	0:10.59	3:07.03	4th	51	10th	
		Belfast Olympia	94	Patrick Short							0:54.50					1:33.82
4	OK	North East	85	Callum Milburn	108.5	1st	50.5	=13th	0:48.18	13th	0:12.28	2:48.21	1st	29	3rd	
		Blyth S & LGC	86	Aiden McGuire							0:35.90					1:26.95
5	OK	North West	65	Aidan McFahn	73.5	12th	57	10th	0:38.94	7th	0:27.47	3:34.93	11th	52	13th	
		Crew Neptune LSC	66	Cameron McFahn							0:11.47					1:50.34
6	OK	Scotland	95	Callum Young	74.5	10th	56	11th	0:46.44	10th	0:28.06	3:32.65	10th	51	11th	
		East Kilbride LSC	96	Steven Tweeddale							0:18.38					1:47.03
7	OK	South	73	Laurence Wells	76	9th	50.5	=13th	0:48.81	14th	0:35.06	3:02.64	2nd	47	9th	
		Wantage LS	74	Celyn Walters							0:13.75					1:31.06
8	OK	South East	75	Adam Lockyer	96	3rd	74	1st	0:33.29	3rd	0:21.64	3:06.46	3rd	13	1st	
		City of Rochester S & LGC	76	Jake Davies							0:11.65					1:30.39
9	OK	South West	77	Jake Crosby	96.5	2nd	59	8th	0:29.43	2nd	0:14.87	3:36.15	12th	26	2nd	
		Bovey Tracey	78	Seb Lancaster							0:14.56					1:50.62
10	OK	Wales	71	Ben Clarke	74	11th	72	2nd	0:34.88	5th	0:18.25	3:26.79	9th	38	6th	
		Llanelli LSC	72	William Bowen							0:16.63					1:42.61
11	OK	West	79	Tom Denning	53	15th	57.5	9th	0:46.70	12th	0:28.06	3:20.71	7th	58	14th	
		Wells LSC	80	George Bayles							0:18.64					1:41.50
12	OK	West Midlands	87	Christopher Mason	44.5	16th	63.5	=6th	0:45.76	9th	0:31.38	3:40.09	13th	60	15th	
		Warwick LSC	88	Michael Dean							0:14.38					1:47.47
13	OK	Yorkshire	69	Joe Sanker	88	4th	68	3rd	0:34.82	4th	0:17.68	3:42.27	15th	30	4th	
		Leeds LS Scott Hall	70	Jake Harris							0:17.14					1:43.82
14	OK	Ireland B	83	Niall Clarke	73	13th	64	5th	0:26.71	1st	0:13.21	3:19.15	6th	38	7th	
		St. John Berchmans	84	Damien Butler							0:13.50					1:48.65
15	OK	South East B	89	Ryan Ambrose	84	6th	63.5	=6th	0:43.13	8th	0:14.48	3:42.21	14th	40	8th	
		City of Rochester S & LGC	90	Matthew O'Neill							0:28.65					INV
16	OK	Yorkshire B	91	Adam Copeland	85.5	5th	66	4th	0:46.49	11th	0:18.43	3:21.72	8th	33	5th	
		Rawmarsh LSC	92	Jacob Boswell							0:28.06					1:37.80

RLSS UK National Life Saving Championships 2010

Championship

Ladies

No.	Status	Region	Ref	Competitor	Aquatic Init.		Life Sup. Init.		Line Throw		Swim & Tow		Total	
					Mks	Pos	Mks	Pos	Time	Pos	Time	Pos	Pts	Pos
1	NE	East												
2	OK	East Midlands	158	Joanne Dening	103	11th	63.5	9th	0:26.89	7th	1:45.54	9th	47	12th
3	OK	Ireland	156	Orna Sharpe	111	9th	57	13th	0:38.59	13th	1:32.70	1st	45	8th
4	OK	North East	157	Amy Wilkinson	144	1st	69.5	4th	0:16.92	5th	1:44.68	8th	19	1st
5	OK	North West	145	Rebecca Smith	114.5	=7th	45	14th	0:16.78	4th	1:57.06	14th	46	9th
6	OK	Scotland	146	Isobel Miller	73.5	15th	64	8th	0:14.41	1st	1:43.72	7th	46	10th
7	OK	South	160	Rachel Healey	74.5	14th	59.5	12th	0:30.02	12th	1:49.50	11th	63	14th
8	OK	South East	147	Rachel Kaiser	143	2nd	63	10th	0:27.31	8th	1:37.07	2nd	24	5th
9	OK	South West	149	Nikki Hutchings	132.5	3rd	66	=6th	0:29.76	11th	1:51.68	13th	36	7th
10	OK	Wales	151	Chloe Dennis	98.5	12th	43	15th	OOT	=14th	2:11.23	15th	68	15th
11	OK	West	159	Lauren Mayor	97.5	13th	66	=6th	OOT	=14th	1:46.28	10th	56	13th
12	OK	West Midlands	148	Rebecca Sindall	124	5th	68	5th	0:15.94	3rd	1:37.83	3rd	21	3rd
13	OK	Yorkshire	152	Laura Dransfield	106	10th	60	11th	0:28.81	10th	1:40.81	6th	47	11th
14	OK	Ireland B	154	Ciara Mulhair	124.5	4th	71.5	=2nd	0:17.38	6th	1:38.28	4th	20	2nd
15	OK	South East B	155	Jennifer Stimson	114.5	=7th	71.5	=2nd	0:14.47	2nd	1:39.89	5th	23	4th
16	OK	South West B	153	Amy Madge	119.5	6th	74	1st	0:28.50	9th	1:49.81	12th	34	6th

RLSS UK National Life Saving Championships 2010

Championship

Men

No.	Status	Region	Ref	Competitor	Aquatic Init.		Life Sup. Init.		Line Throw		Swim & Tow		Total	
					Mks	Pos	Mks	Pos	Time	Pos	Time	Pos	Pts	Pos
1	OK	East	131	Mark Oxford	98	5th	47	12th	INV	16th	1:44.83	15th	53	12th
2	OK	East Midlands	134	Christopher Dening	89	12th	53.5	=6th	0:11.24	=2nd	1:22.57	4th	36	7th
3	OK	Ireland	129	Kevin Mulhair	101.5	3rd	37	=13th	0:11.22	1st	1:26.09	8th	28	5th
4	OK	North East	136	Andrew Kane	97	8th	55	5th	0:11.24	=2nd	1:20.31	2nd	25	3rd
5	OK	North West	137	Warren Riley	97.5	=6th	49	11th	0:14.09	11th	1:34.84	12th	46	9th
6	OK	Scotland	142	Iain Wilson	97.5	=6th	58	2nd	0:11.24	=2nd	1:20.23	1st	17	1st
7	OK	South	139	Peter Webb	92	10th	57	3rd	0:13.56	9th	1:45.98	16th	48	10th
8	OK	South East	140	Matthew Marshall	96.5	9th	56.5	4th	0:11.78	6th	1:27.51	9th	37	8th
9	OK	South West	141	Thomas Wood	70.5	16th	23.5	16th	0:28.80	15th	1:36.10	13th	76	16th
10	OK	Wales	135	Kier Thompson	83	14th	53.5	=6th	0:15.71	12th	1:36.67	14th	60	15th
11	OK	West	133	Christopher Stock	126	1st	49.5	10th	0:12.10	7th	1:25.10	5th	24	2nd
12	OK	West Midlands	132	Mark McCorquodale	81.5	15th	51.5	8th	0:13.78	10th	1:29.37	10th	58	14th
13	OK	Yorkshire	143	Matthew Quimby	90.5	11th	50.5	9th	0:13.22	8th	1:32.28	11th	50	11th
14	OK	Ireland B	144	Cillian Spain	84	13th	35	15th	0:11.53	5th	1:25.47	7th	53	13th
15	OK	Scotland B	130	Ben Witz	100	4th	60.5	1st	0:24.28	13th	1:25.35	6th	28	4th
16	OK	West B	138	Gavin Morrison	117	2nd	37	=13th	0:24.78	14th	1:20.44	3rd	34	6th

