

Branch Project Proposal

Project Area: Schools Education
Project Lead: Paul Skipp

Rationale	Aim of this project?	Things you need	List of activities - To Do list	Outcomes - What you will achieve?
<p>Across the UK there is a spike in the number of drownings at ages 15-24 (check stats). The RLSS UK business plan reflects this in having a charity ambition of educating all under 18s in drowning prevention education. This intervention will give young people the knowledge and awareness to make dynamic decisions for themselves, being armed with all of the information to keep themselves safe</p>	<p><u>Weston-super-Mare Beach Safety Project</u> Establish a link with North Somerset Council in order to get RLSS UK Water Safety resources included within the invitation packs for inland schools to educate children before visiting the beach.</p>	<p>- Obtain electronic RLSS UK Water Safety Resources.</p>	<p>- Identify a contact within North Somerset Council. - Establish communication with contact. - Prepare letter for schools with links to RLSS UK Water Safety resources.</p>	<p>All booked schools visiting Weston-super-Mare have been provided water safety resources and further education materials.</p>
	<p><u>Drowning Prevention in Somerset Secondary Schools</u> 1. Deliver water safety advice directly to schools, with the advice appropriate to the time of the year. 2. Train more volunteers to deliver the water safety message.</p>	<p>- A water safety video for winter is required. Obtain from RLSS UK.</p>	<p>- Invite interested members/volunteers to attend a session to go through the RLSS UK Secondary School Resources. - Arrange a training session for new volunteers. - Contact secondary schools to arrange a time to deliver materials.</p>	<p>1. Train 5 new volunteers. 2. Deliver into 5 secondary schools.</p>
	<p><u>Drowning Prevention Week</u> Deliver the water safety message within local schools and via leisure centres.</p>	<p>- Obtain DPW 2017 materials. - Obtain list of Somerset ATCs.</p>	<p>- Contact Fusion Swim Coordinator (Ruth). - Contact Goldenstones (Ed). - Contact Tone Leisure (Bridget).</p>	<p>1. Involve three leisure companies (Tone, Fusion, 1610). 2. Deliver a water safety session during DPW to 3 schools which have an onsite pool.</p>

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Project Area: Community Engagement
Project Lead: Alan Sutherland

Rationale	Aim of this project?	Things you need	List of activities - To Do list	Outcomes - What you will achieve?
<p>Community engagement and ownership is at the heart of keeping people safe in all disciplines. The more information and awareness in which a community has, the more they become resilient and self sustainable. RLSS UK has a range of opportunities to engage with different community groups and different mediums to do this in.</p>	<p><u>Save a Series</u> Educate local community in life support skills and train new community instructors.</p>	<ul style="list-style-type: none"> - List of Community Centres. 	<ul style="list-style-type: none"> - Advertise for volunteers to become Community Instructors. - Organise Community Instructor Course. - Contact local community centres, organisations to arrange Save a Series workshops. 	<p>Running 12 Save a Series session in 2017.</p>
	<p><u>Water Safety Community Education</u> Promote drowning prevention and water safety at local community events.</p>	<ul style="list-style-type: none"> - Gazebo. - Display banners. - "Murray Mat". 	<ul style="list-style-type: none"> - Advertise for volunteers. - Determine which community events to attend. - Contact community event organisers. 	<p>Attend two local community events.</p>
	<p><u>Street Education Events</u> Educate public through street education events in water safety.</p>	<ul style="list-style-type: none"> - Gazebo. - Perry? 	<ul style="list-style-type: none"> - Identify two locals suitable for a street education event. - Contact local council/authority to authorise street event. - Seek volunteers to support the events. 	<p>Run two street education events.</p>

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Project Area: Open Water
Project Lead: Elizabeth Mapstone

Rationale	Aim of this project?	Things you need	List of activities - To Do list	Outcomes - What you will achieve?
<p>Open water is the fastest growing sport currently in the UK and Ireland. As more people 'dip their toe' in the water naturally the risk increases as more people are using the water for recreation. We have a huge wealth of expertise that can assist in both keeping swimmers safe as well as promoting the safe use of open water. Across our nations there are many groups and agencies who promote open water swimming - RLSS UK is an ideal partner locally to ensure that the public stays safe.</p>	<p><u>Survive and Save Beach</u> Upskilling lifesavers in beach lifesaving skills.</p>	<p>- Open water training equipment.</p>	<p>- Identify a venue for beach awards. - Arrange two beach lifesaving award training sessions.</p>	<p>Run 2 Survive and Save Beach sessions.</p>
	<p><u>NWSMP</u> Providing skills to local community, including lifesaving clubs.</p>	<p>- Open water training equipment.</p>	<p>- Identify a venue for NWSMP. - Arrange a date for NWSMP course.</p>	<p>Run one NWSMP course.</p>
	<p><u>Open Water Lifeguard</u> Providing skills to the local community.</p>	<p>- Open water training equipment.</p>	<p>- Identify a venue for OWL course. - Arrange a date for OWL course.</p>	<p>Run one Open Water Lifeguard course.</p>
	<p><u>Survive and Save Stillwater</u> Upskilling lifesavers in stillwater lifesaving skills.</p>	<p>- Open water training equipment.</p>	<p>- Book Marine Lake, Clevedon. - Arrange one stillwater lifesaving award training sessions.</p>	<p>Run one Survive and Save Beach sessions.</p>

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Project Area: Grass-roots Sport
Project Lead: Alex Blandford

Rationale	Aim of this project?	Things you need	List of activities - To Do list	Outcomes - What you will achieve?
<p>Lifesaving sport is part and parcel of lots of our activity. As the sport continues to grow and our athletes become more competitive we need to ensure that we get this right as the outset of the sporting pathway. To this end it is imperative that we invest locally in grass roots sport. This ensures that those participating have exposure in a fun, friendly and controlled environment to the sport and opportunities it presents.</p>	<p><u>Introduce Lifesaving Clubs to Sport</u> Work with Somerset lifesaving clubs to introduce sport skills to their training sessions.</p>	<p>- Selection of lifesaving sport equipment.</p>	<p>- Write an example training session. - Contact lifesaving clubs to arrange an introduction session within their club. - Promote the benefits of lifesaving sport within Clubs and establish a plan for continued involvement.</p>	<p>One new club doing at least one sport session per term.</p>
	<p><u>Sport Training Session</u> Non-lifesavers being trained in sport skills.</p>	<p>- Selection of lifesaving sport equipment.</p>	<p>- Write a training session. - Contact local water based sports clubs to arrange a sport session within their club. - Promote the benefits of lifesaving sport within Clubs and establish a plan for continued involvement, or provide access to further sport opportunities.</p>	<p>One sport session to be delivered in two new non-lifesaving clubs.</p>