

Competition Name

Date

How to use the work book

Before the event

Select the age group

Enter the competitors by typing in their clubs and Branches (Branches must be selected from drop down box)

Enter the individual competitor names

Enter the break down of the initiatives and the corresponding weighting

During Event

Type in the scores for each pair or individual for each of the initiatives (weighting will be applied automatically)

Type in times for the line throw and swim and tow (suming of these will be done automatically)

Results

Winners will be highlighted

Notes:

Heat Organiser: Alan Sutherland

Referee: Stephanie Andrews

Officials: Oliver Coleman, Pat Harris, Alice Charteris, Alan Sutherland

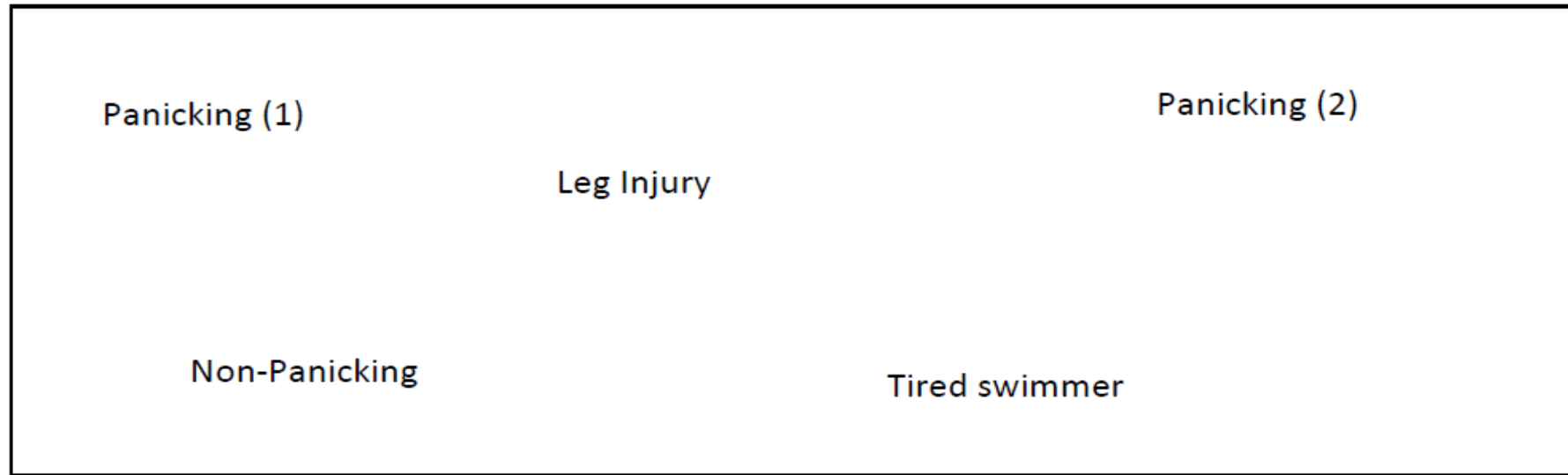
Child Protection Officer: Alan Sutherland

Venue: University of Bristol Swimming Pool

These are the official results of the Championships.

The official Championship results are published separately on the West Region Website and the RLSS UK website.

Wet Initiative Diagram



Unconscious (person lying on side)

Aids: Noodle, Rope, Ball

