

Competition Name

Date

**How to use the work book**

*Before the event*

Select the age group

Enter the competitors by typing in their clubs and Branches (Branches must be selected from drop down box)

Enter the individual competitor names

Enter the break down of the initiatives and the corresponding weighting

*During Event*

Type in the scores for each pair or individual for each of the initiatives (weighting will be applied automatically)

Type in times for the line throw and swim and tow (suming of these will be done automatically)

*Results*

Winners will be highlighted

*Notes:*

Heat Organiser: Alan Sutherland

Referee: Lorraine Buttery

Officials: Shirley, Pat Harris

Child Protection Officer: Alan Sutherland

Venue: 1610 Trinity Sports and Leisure Centre, Bridgwater

**THIS SPREADSHEET IS GUESTS ONLY, as announced on Saturday.**

The official Championship results are published separately on the West Region Website and the RLSS UK website.





**West Region Championships 2014**  
**Senior Girls**  
**20th September 2014**

			INITIATIVE (WET INCIDENT)										LIFE SUPPORT (DRY INCIDENT)										LINE THROW				SWIM & TOW				TOTAL									
			Assessment Communication	Casualty 1 - Non Panicking Casualty	Casualty 2 - Panicking Casualty	Casualty 3 - Injured Leg	Casualty 4 - Non-Panicking Casualty	Casualty 5 - Panicked Swimmer	Casualty 6 - Unconscious Not Breathing Casualty	Casualty 7 - Panicking Casualty	Assistance	Enter the Judges mark categories and the associated weightings in the white boxes provided.				Casualty Assessment	Casualty 1 (Choking) Treatment & Aftercare	Casualty 2 (Unconscious Not Breathing) Treatment	Use of Phone	Enter the Judges mark categories and the associated weightings in the white boxes provided.				TOTAL																
No.	Club / Branch	NAMES	WEIGHTING										SCORE	POSITION	POINTS											SCORE	POSITION	POINTS	TIME		TOTAL	POSITION	POINTS	TIME		TOTAL	POSITION	POINTS	TOTAL	POSITION
			2	1	1	2	0.5	1	1	0.5	2	1																Minutes	Seconds				Minutes	Seconds						
8	Bradford on Avon LSC Avon & North Wiltshire	Danni Russell (G) Francis Bridgwater (G)	3	1	4	0	0	5	5	0	5	2	33	1	2	7	0	7	0							2	0	2:45.07	1	1	2	17.29	4:36.32	1	1	6	1			
11	Bradford on Avon LSC Avon & North Wiltshire	Katie Chatfield (G) Tabby Grist (G)	2	1	5	0	0	3	5	0	3	0	24	2	4	6	6	8	6							2	0	4:00	2	2	2	13.94	4:55.97	2	2	9	2			

