

Competition Name

Date

**How to use the work book**

*Before the event*

Select the age group

Enter the competitors by typing in their clubs and Branches (Branches must be selected from drop down box)

Enter the individual competitor names

Enter the break down of the initiatives and the corresponding weighting

*During Event*

Type in the scores for each pair or individual for each of the initiatives (weighting will be applied automatically)

Type in times for the line throw and swim and tow (suming of these will be done automatically)

*Results*

Winners will be highlighted

*Notes:*

Heat Organiser: Alan Sutherland
Referee: Lorraine Buttery
Officials: Shirley, Pat Harris
Child Protection Officer: Alan Sutherland
Venue: 1610 Trinity Sports and Leisure Centre, Bridgwater
These are the official results of the Championships.
The official Championship results are published separately on the West Region Website and the RLSS UK website.







**West Region Championships 2014  
Ladies Individual  
20th September 2014**

		INITIATIVE (WET INCIDENT)												LIFE SUPPORT (DRY INCIDENT)												LINE THROW				SWIM & TOW				TOTAL	
		Enter the Judges mark categories and the associated weightings in the white boxes provided.												Enter the Judges mark categories and the associated weightings in the white boxes provided.																					
		Assessment												Assessment																					
		Casualty 1 - Non Panicking Casualty												Casualty 1 (Choking) Treatment & Aftercare																					
		Casualty 2 - Panicking Casualty												Casualty 2 (Unconscious Not Breathing) Treatment																					
		Casualty 3 - Injured Leg												Use of Phone																					
		Casualty 4 - Non-Panicking Casualty																																	
		Casualty 5 - Panicked Swimmer																																	
		Casualty 6 - Unconscious Not Breathing Casualty																																	
		Casualty 7 - Panicking Casualty																																	
		Assistance																																	
		SCORE POSITION POINTS												SCORE POSITION POINTS												TIME				TIME				TOTAL	
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16	Bristol Uni LSC Avon & North Wiltshire	Cathy Baldwin	3	5	5	0	0	5	0	5	1	37	1	2	6	8	8	4	42	1	1	0	44.34	0:44.34	1	1	1	52.69	1:52.69	1	1	5	1		













